

2015-19 Reviewed HIV/Sexual Health Instructional Materials

Consistency with Washington State Requirements

The Office of Superintendent of Public Instruction (OSPI), in collaboration with the Washington Department of Health, conducts regular reviews of HIV prevention and sexual health instructional materials, both comprehensive and supplemental, to assess their consistency with the AIDS Omnibus Act ([RCW 28A.230.070](#)), the 2005 [Guidelines for Sexual Health Information and Disease Prevention](#) and the further requirements of the Healthy Youth Act ([RCW 28A.300.475](#)). Commonly used titles are reviewed, along with materials under consideration by districts in our state, as reported through the School Health Profiles Survey or correspondence with OSPI.

Additional sexual abuse prevention materials were reviewed in 2018. That report is available on OSPI's [Erin's Law webpage](#).

The following list includes titles reviewed in 2015, 2017, and 2019 – titles reviewed in 2009 and 2011 may have been revised since those reviews were conducted or may no longer be medically or scientifically accurate. Districts that are using, or want to use these titles (or titles that have not been reviewed) may use [instructional materials review instruments](#) to assess current suitability for use. Medical accuracy reviews should be conducted by the Washington Department of Health or a local health department content expert, in accordance with state law.

Titles labeled “full” curricula are generally comprehensive curricula that include lessons addressing a wide range of topics, intended to be taught over the course of a unit of instruction or several grades. Titles labeled “supplemental” are generally materials that address only one topic or theme or are intended for use to supplement one lesson. Titles including content on affirmative consent or bystander training are indicated.

The 2015, 2017, and 2019 reviews found materials either “consistent,” “consistent with modification” (minor or significant), or “not consistent” with state legislative requirements. All reviews are available on OSPI's [Instructional Materials Review Reports and Tools webpage](#), including contact information for publishers.

OSPI does not “approve,” “endorse,” or “recommend” curricula. Districts interested in using any of the reviewed titles on this list should conduct their own district- or school-level review to ensure that materials are suitable for use in their community.



Titles Consistent with State Requirements

The following list from the 2015, 2017, and 2019 reviews represents titles found to be consistent with state requirements, or consistent with modifications. Reviewer comments and publication information can be found by clicking on the title [in each posted review](#).

Elementary School (Grades K-3)						
Note: New legislation set to take effect in 2022-23 for elementary schools will NOT require districts to provide sexuality content in grades K-3. Instruction for grades K-3 “must be social emotional learning.”						
Schools will not be required to use or adopt a curriculum in order to provide social emotional learning. Social and emotional learning is a process through which individuals build awareness and skills in managing emotions, setting goals, establishing relationships, and making responsible decisions that support success in school and in life.						

Elementary School (Grades 4-5)						
Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	Healthy Youth Act Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed
Always Changing video (2016)	5	Supplemental	n/a	Yes	No	2019
Consent and Communication video (n.d.)	5	Supplemental	n/a	Yes	Consent	2019
Great Body Shop (2016)	3-5	Full	Yes	Yes	No	2017
Health Smart 5 (2007)	5	Full	n/a	With modification	Consent	2015
HIV & Me Marissa’s Story Video (2014)	5	Supplemental	Yes, with use of teacher’s guide	n/a	No	2016
Just Around the Corner video (n.d.)	4-5	Supplemental	n/a	Yes	No	2019
Oh No B.O. (Changing Bodies) video (n.d.)	4-5	Supplemental	n/a	Yes	No	2019
Puberty: The Wonder Years (2015)	4-5	Full	n/a	Yes	No	2019
Rights, Respect, Responsibility (3Rs) (2015)	K-5	Full	Yes	Yes	Consent, BST	2017
Unequal Partners	5	Supplemental	n/a	Yes	Consent	2019



Middle School (Grades 6-8)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	Healthy Youth Act Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed
Always Changing video (2016)	6	Supplemental	n/a	Yes	No	2019
Confronting Sexual Harassment in School video (2012)	7-8	Supplemental	n/a	Yes	Bystander	2019
Consent and Communication video (n.d.)	6-7	Supplemental	n/a	Yes	Consent	2019
FLASH (2016)	6-8	Full	Yes	Yes	Consent, BST	2017
Gender Identity video (n.d.)	6-8	Supplemental	n/a	Yes	No	2019
Get Real (ETR, 2014)	6-8	Full	Yes	Yes	Consent	2015
Just Around the Corner video (n.d.)	6	Supplemental	n/a	Yes	No	2019
Oh No B.O. (Changing Bodies) video (n.d.)	6	Supplemental	n/a	Yes	No	2019
One Love videos (n.d.)	6	Supplemental	n/a	Yes	BST	2019
Our Whole Lives (2014)	7-8	Full	With minor modification	Yes	Consent, BST	2019
Puberty: The Wonder Years (2015)	6	Full	n/a	Yes	No	2019
Rights, Respect, Responsibility (3Rs) (2015)	6-8	Full	Yes	Yes	Consent, BST	2017
Understanding Gender video (n.d.)	7-8	Supplemental	n/a	Yes	No	2029
Understanding HIV video (2016)	6	Supplemental	Yes	n/a	No	2017
Unequal Partners (2018)	6-8	Supplemental	n/a	Yes	Consent	2019



High School (Grades 9-12)						
Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	Healthy Youth Act Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed
All4You2! (2015)	9-12	Full	Yes	Yes	No	2017
Be Proud, Be Responsible (HS, 2014)	9-12	Full	With modification	With modification	No	2015
Confronting Sexual Harassment in School video (2012)	9-12	Supplemental	n/a	Yes	BST	2019
Deceptions (2014)	9-12	Supplemental	n/a	With modification	No	2015
FLASH (2015)	9-12	Full	Yes	Yes	Consent, BST	2017
Gender Identity video (n.d.)	9	Supplemental	n/a	Yes	No	2019
Get Real (ETR, 2014)	9-12	Full	Yes	Yes	Consent	2015
It's All One (2011)	9-12	Full	n/a	With modification	Consent	2015
Love Notes 3.0 (2018) NOTE: <i>This title was reviewed as part of the 2018 Erin's Law Curriculum Review</i>	9-12	Supplemental	n/a	With modification	Consent	2018
Native Voices (2015)	9-12	Supplemental	Yes	Yes	No	2019
One Love videos (n.d.)	9-12	Supplemental	n/a	Yes	BST	2019
Our Whole Lives (2014)	9-12	Full	With minor modification	Yes	Consent, BST	2019
Positive Prevention Plus (2016)	9-12	Full	Yes	With minor modification	BST	2015
Rights, Respect, Responsibility (3Rs) (2015)	9-12	Full	Yes	Yes	Consent, BST	2017



Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	Healthy Youth Act Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed
Sexuality Education for People with Developmental Disabilities (2018)	9-12	Full	With modification	Yes	Consent	2019
Teen Talk (2015)	11-12	Full	With modification	Yes	Consent	2017
Understanding Gender video (n.d.)	9-12	Supplemental	n/a	Yes	No	2019
Unequal Partners (2018)	9-12	Supplemental	n/a	Yes	Consent	2019

Titles Not Consistent with State Requirements

The following list from the 2015, 2017, and 2019 reviews represents titles found to be NOT consistent with state requirements, or consistent only with major modifications. As such, schools in WA should not be using these materials. Reviewer comments and publication information can be found by clicking on the title [in each posted review](#).

Middle School (Grades 6-8)						
Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	Healthy Youth Act Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed
Don't Take Love Lying Down, Brad Henning (book, DVD, 2003) Note: publisher's website indicates the book & DVD are consistent with presentations offered to schools	6-8	Supplemental	No	No	No	2017



Middle School (Grades 6-8)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	Healthy Youth Act Consistency	Includes Consent and/or Bystander Training (BST)	Year Reviewed
Get REAL (Center for Relationship Education, see REAL Essentials)						
Life Skills and Healthy Choices (2010)	6-8	Full	With significant modification	No	No	2015
Making Proud Choices! School Edition (2014)	6-8	Full	With significant modification	With significant modification	No	2015
REAL Essentials (2013; originally published as "Get REAL" and "WAIT")	6-8	Full	n/a	No	No	2015
Sexual Identity video (n.d.)	7-8	Supplemental	n/a	No	No	2019
Teen Health: Healthy Relationships and Sexuality (Glencoe, 2014)	6-8	Full	No	With significant modification	No	2019
Understanding and Preventing Sexual Violence video (2013)	7	Supplemental	n/a	No	No	2019
WAIT (Center for Relationship Education, see Real Essentials)						



High School (Grades 9-12)

Title and Edition	Grade Level Reviewed	Full or Supplemental	AIDS Omnibus Act Consistency	Healthy Youth Act Consistency	Includes Consent or Bystander	Year Reviewed
Choosing the Best Journey (2009)	9-10	Full	No	No	No	2015
Choosing the Best Soul Mate (2008)	11-12	Full	No	No	No	2015
Don't Take Love Lying Down, Brad Henning (book, DVD, 2003) Note: publisher's website indicates the book and DVD are consistent with presentations offered to schools)	9-12	Supplemental	No	No	No	2017
Health: A Guide to Wellness (Glencoe, 2003)	9-12	Full	No	No	No	2019
Human Sexuality (Glencoe, 2009)	9-12	Full	No	With significant modification	No	2019
Sexual Identity video (n.d.)	9-12	Supplemental	n/a	No	No	2019
SHARP (2010)	9-12	Supplemental	n/a	With significant modification	No	2015
Understanding and Preventing Sexual Violence video (2013)	9-12	Supplemental	n/a	No	No	2019

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